

The Athlete Maker

Baseball Skills Clinic

at AC Flora Hosted By: Andy Hallett & Flora Staff / Players

Pitchers and Catchers

November 14th. 21st. 28th

4-6 pm

10 spaces for each position

\$120 Ages 12 & UP

****Students zoned for A.C. Flora can not attend****



Included in the clinic:

Pitching Philosophy > Throwing program

Wind up and Stretch Mechanics

Bullpens. Types of pitches

Catching Philosophy > Throwing program

Receiving. Blocking. Throwing.

Catcher Pop ups. Throwing to bases



First 10 pitchers and first 10 Catchers to send payment and receive confirmation that payment was made will be in this clinic. NO EXCEPTIONS.

www.theathletemaker.com

803-622-8447